Rhythm can help unify a work of art by repeating lines, shapes, colors or other elements of art. An element may repeat once or multiple times to create rhythm or pattern.

Similar or identical elements repeating at regular intervals. Think a regular, steady beat.

**Regular Rhythm**

Repeating similar elements with no pattern.

**Random Rhythm**

As an element repeats it slowly changes while maintaining a steady rhythm.

**Progressive Rhythm**

Two or more different elements that alternate. A more interesting and complex version of regular rhythm.

**Alternating Rhythm**

Created using and organic shaped elements that change direction, twist, and bend in a natural feeling pattern.

**Flowing Rhythm**
Draw an example of **Progressive Rhythm**.

Draw an example of **Regular Rhythm**.

Draw an example of **Alternating Rhythm**.

Draw an example of **Flowing Rhythm**.

Draw an example of **Random Rhythm**.